

Strumming Drills

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Accent on the Down strum <d = down; u = up>

1. D u D u D u D u
2. D u d u d u d u or d u D u d u d u or d u d u D u d u or d u d u d u D u
3. D u d u D u d u
4. d u D u d u D u

Accent on the Up Strum

5. d U d U d U d U
6. d U d u d u d u or d u d U d u d u or d u d u d U d u or d u d u d u d U
7. d U d u d U d u
8. d u d U d u d U

Skip some beats

9. D u - - D u - -
10. D u - u D u - -
11. D u - - - u D u

Palm Mutes (replacing down strums) <pm>

12. D u pm - D u pm -
13. D u pm pm pm pm pm pm
14. D u pm pm D u pm pm
15. D u - u D u pm pm

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